



CARMEL

ADVENTIST COLLEGE

YEAR 9 ASPIRE PROGRAMME – Urban Day 1: Amazing Race in Perth.

Dates: Friday, 12 May 2023

Dear Year 9 Parents and Guardians,

On the 12 of May 2023 we putting our Geography skills into action and completing an Amazing Race in Perth city. Students will work together in small groups to visit a range of key sites and buildings and answer questions at each location in their geography booklets. The excursion will test students' practical Geography skills such as their ability to read maps, plan how to get to places, follow instructions and use public transport. Students must wear **FULL PE uniform** (no mixing full school uniform and PE uniform).

To ensure student safety throughout the excursions, students **MUST stay together** in their groups **AND regularly communicate with the teachers** with their mobile phones (talk, text, and/or Instagram). Although 'out of sight', teachers will be near students throughout the day and will be able to reach students within minutes in Perth city. If your child does not have a phone, that is okay, they will be placed in a group that has at least two phones.

Aims of Urban Excursion:

Academic - To develop mapping, planning and teamwork skills.

Social/Emotional - opportunity to build positive memories and stronger relationships with each other, and to continue to develop resilience and confidence.

Physical - opportunity to enjoy learning outdoors together.

Staff Members attending: Adam Di Rosso, Larissa Fontana, Stefan Gouws & Amitha Narlapati

Costs: students will need to bring their own lunch. Transport to the train station will be provided by the school. Students will need to bring their Smart Rider (topped up) or \$4.40 if they don't have a SmartRider. We have asked students to bring their Smart Rider into school if they want us to top it up for them.

Transport Information:

As it is our first Urban Excursion, students need to come to school as normal. At 8:45am, we will travel together to the city on our school bus and then catch the train. The teachers will be with the students on the train to show them how to use public transport. This will be a key learning experience for the following excursions where students will be expected to catch public transport to and from home.

Checklist of what to bring on Friday:

- SmartRider (for public transport concession fare) or \$4.40 if it has not been ordered. (There is no student discount without a Smart Rider)
- Lunch and Snacks. Alternatively, students can purchase their lunch
- Fully charged phone (if you have one)
- Pen
- Camera (optional)
- PE bag to carry any items if needed (must bring a school issued bag if you bring one).

Permission Forms and Signed Agreement :

Because of the special nature of these excursions, each student and parent must **submit a signed agreement** (see last page) **by Monday morning, the 8th of May**.

Upcoming Dates:

More information will be sent out shortly, but please make note of the following dates:

Urban Excursion 2: Wednesday, 24th May 2023 (Parliament House and Maths Challenge)

Urban Excursion 3: Monday, 29th May 2023 (yLead Altitude Day- Leadership Conference).

Kind regards,

Larissa Fontana, Adam Di Rosso, Stefan Gouws & Amitha Narlapati

Year 9 Aspire Team

Year 9 Consent Form – Urban Excursion 1

Amazing Race, Perth City

By attending the Year 9 Urban Excursion (12 May 2023), you are agreeing to following the set of rights and responsibilities below.

Rights

- It's your right to be in a safe, welcoming, fun environment, where you make memories with your classmates and teachers that you'll remember for a long time.
- It's your right to enjoy the day activities designed to support your growth academically, socially, emotionally, and physically.

Responsibilities

For this to happen, it is your responsibility to

- **Follow leaders' instructions**, which includes:
 - Staff & Volunteers
 - Take responsibility for my belongings
- **Respect safety and privacy:**
 - Staying with my group at all times
 - Regularly check in with my teachers as directed
 - Going to the bathroom with a friend
 - No headphones
 - Have a fully charged phone (if you have one)
- **Be on time:**
 - Make sure you're aware of the times you are required to be places and keep to them – including check ins and group meeting times and leaving times.
- **Act 'Above the line'**
- **Look out for each other:**
 - Stay in groups of at least 4 people when you are in the city.

Student signature

Date:

If you are unable to keep to these responsibilities, you may not be able to attend further Urban Days.

Parents/Carers

I give my son/daughter, _____ permission to attend the Year 9 Aspire Urban Day and to:

- Participate in the Amazing Race organised by Carmel
- Catch public transport

Parent Signature:

Date:



CARMEL
ADVENTIST COLLEGE

Year 9 2023

Medical and Dietary Update + Student and Parent Agreement

Student Name_____

Parent Mobile #_____

Medical Update

Does your child have any pre-existing medical conditions/health concerns? Yes ☐ No ☐

If yes, please specify and give details below:

Does your child need medication for this condition?

Yes ☐ No ☐

Do they self-medicate?

Yes ☐ No ☐

Please specify type of medication and dosage instructions:

Emergency Contact Person _____ Contact Number_____

Dietary Update

Please note any dietary needs required by your child (e.g., vegan, vegetarian, lactose intolerant, other food allergies, etc.)

***Please Return the signed Consent Form AND Medical and Dietary Update to Reception
by Monday 8th of May by email secondary.admin@cac.wa.edu.au or in person.***